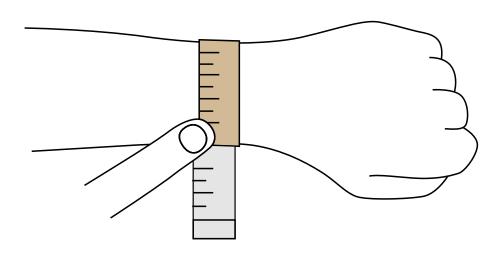
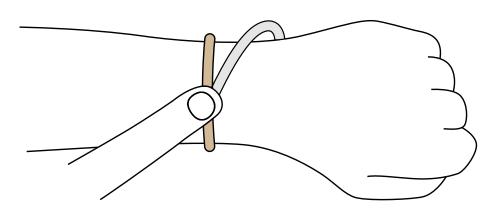
How to measure your wrist size:

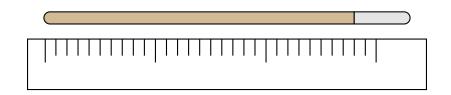


Either use a tape measure

or



Use a string on your wrist



Measure against a ruler, and choose your wrist size from the drop-down